

TEXAS PANHANDLE RSVP

Happy Valentine's Day



- Celebrating RSVP couples who volunteer together
- Stories of giving back
- Valentine's recipe
- Help needed at various volunteer stations



RSVP Staff:

Kaitlin Mosley - RSVP Director
Christine Beavers - Senior Volunteer
Coordinator
Annette Lusk - Volunteer Coordinator

RSVP Advisory Council:

Shirley Harrold, Lisa Bradshaw, Cathy Doughten, Marla
Gales, Joslyn Harney McLaughlin, Ruthy Moreno, LaRue
Johnson, Donna Monroe

Volunteers Needed:

Amarillo VA Health Care System
Downtown Women's Center
Harrington Cancer Center
High Plains Food Bank
Ochiltree County Senior Citizens Center
Panhandle Community Services
Partners in Palo Duro Canyon
Ronald McDonald House
Swisher County Office
Texas Panhandle War Memorial Center
Washington Street Family Service Center
Window on the Plains Museum
Samaritan Hospice
Northwest Texas Hospital Auxiliary

Call us @ 806-373-8389
to find out more!





COUPLES WHO VOLUNTEER TOGETHER STAY TOGETHER...

Volunteering with your significant other or friend creates a special bond that lasts a lifetime.

The following couples are RSVP volunteers who spend their time giving back together:

Velma and Russell Baggett of Amarillo
Janie and Mark Banner of Hereford
Mary and Gary Boileau of Clarendon
Charlene and Butch Brown of Clarendon
Rosa and Joseph Castillo of Dumas
Teresa and Cleo Castro of Cactus
PA and Maria Davis of Borger
Marla and Walter Davis of Canyon
Patti and Bill Dirks of Hereford
Linda and Gene Finkenbinder of Dumas
Bertha and Gerald Foster of Amarillo
Phillis and Dale Garner of Pampa
Carol and Richard Garrett of Amarillo
Mary and Richard Green of Howardwick
Sheila and Rick Hawthorne of Dumas
Patricia and Dwight Jesko of Hereford
Sharon and James Jones of Amarillo
Janan and Jerry Koontz of Clarendon
Elizabeth and Chris McCollum of Borger
Cyndy and Tom McGowen of Borger
Josephine and Luis Moreno of Hereford
Peggy and Jack Neely of Wellington
Sharon and Doug Pack of Dumas
Flora and Jorge Paredes of Dumas
Eunice and Joe Schilling of Amarillo
Diane and Sandy Skelton of Clarendon
Doris and Harry Stallings of Wellington
Susan and Seth Thomason of Amarillo
Necia and Van Trapp of Amarillo
Kathy and Robert Vaughn of Tulia
Eva and Bob Veigal of Hereford
Sheila and Ronnie Via of Tulia

*It's not how much we give, but how
much love we put into giving.
- Mother Theresa*

Mini Fruit Galettes

Recipe: Sally's Baking Addiction

Prep Time: 1 hour Cook Time: 28 minutes Total Time: 1 hour, 30 minutes

Yield: 10 mini galettes

Using pie dough and a simple fruit filling, you can create mini galettes that are perfectly portioned and fun to serve as an alternative to a full pie or galette.

Ingredients:

Pie Crust Dough (Store bought or home made)

2 and 1/2 cups mixed berries or other fruit

1 Tablespoon cornstarch

2 Tablespoons granulated sugar

1 teaspoon lemon juice or vanilla extract

2 Tablespoons whole milk, for brushing*

optional for topping: coarse sugar and/or chopped/sliced nuts

Instructions:

Pie crust: If using home made pie crust, it needs to chill for at least 2 hours before using.

Line two large baking sheets with parchment paper or silicone baking mats. Make sure you have enough room in your refrigerator for these baking sheets because the shaped galettes must chill in later steps.

Prep the filling: Gently stir the berries, cornstarch, sugar, and lemon juice/vanilla together in a medium bowl until combined. Place in the refrigerator, covered or uncovered.

Shape the crusts: Working with 1 chilled pie dough at a time, place the dough onto a floured work surface. Roll into a large 12-inch circle. Use your warm hands to mold any cracking edges back together. From the circle, cut rounds using a 5.5 or 6 inch cookie cutter. You'll have to re-roll the dough scraps a few times. Work quickly because the dough becomes much more delicate the longer it's at room temperature. You'll get about 5 rounds per pie crust. Repeat with 2nd chilled pie dough for a total of about 10.

Fill galettes: Arrange dough rounds on prepared baking sheets. Remove filling from the refrigerator and spoon about 1/4 cup into the center of each dough round, leaving any excess juice behind in the bowl. Gently and tightly fold the edges over the filling leaving the very center exposed, as you see in the photo. Make sure the mini galettes are tight and compact so they don't unfold themselves or lose shape while baking.

*Brush the edges of the pie dough with milk, which helps guarantee the dough will brown. If desired, sprinkle with coarse sugar and/or sliced almonds/nuts.

Chill the shaped galettes in the refrigerator, covered or uncovered, for at least 20 minutes and up to 4 hours. The galettes will lose shape if they're not chilled. You can preheat the oven as they finish up chilling.

Preheat oven to 375°F (191°C).

Bake chilled galettes for 25-28 minutes or until the edges are lightly browned.

Remove from the oven and cool for at least 5 minutes before enjoying. You can enjoy warm or at room temperature. Serve plain, with ice cream or whipped cream.

Cover leftover mini galettes and store in the refrigerator for up to 5 days.



Volunteering Touches the Heart

In honor of Betty Beech -
By Sandi Jones, Nwth Volunteer Coordinator



Betty Beech began volunteering at Northwest Texas Hospital June of 1986. Betty served in many areas at Northwest, served on many committees, and was past president of the Auxiliary in 1992.

In 2019, Betty was interviewed by Channel 10 news. When asked why she volunteered her response was, "it is fun to be here, you meet such lovely people, and you make such good friends." Betty loved being around people, loved to be of service and making them happy made it worthwhile.

It was said, "while there are many items for sale in the Gift Shop, Betty offers love and warmth to her customers at no cost." Betty also said of volunteering in the shop, "it blesses other people's lives, and enriches her own."

In addition to her volunteer work at Northwest, Betty, and her husband Dave, traveled extensively and loved to share their travel photos. I worked with Betty for 6 years and I can honestly say, hers was a life well lived and she touched the hearts of many, including my own.

I believe this is what giving back meant to Betty.

Sadly, Betty passed away July of 2021. She will be greatly missed by all who were blessed to know her.



What it Means to be a Volunteer

Working in the gift shop you get the opportunity to talk to many visitors. Sometimes they are using the gift shop as an escape from their loved ones room.

From the time they step foot in the door they are greeted and warmly welcomed. The gift shop is a safe place to come and maybe just for a few minutes forget about what is going on by viewing the multitude of pretty things in the shop. Sometimes you get the opportunity to hear their story, worries and joys. This opportunity to just be able to "be there" and maybe even give a hug, is extremely rewarding as a volunteer. ~ Lynn McKinney

 **Northwest
The Auxiliary**

Stories

I got great joy when picking up a rider in the parking lot that had a very concerned look. To be able to tell them their loved one was being well taken care of was great.

Once, helping a lady find her car, who was "hysterical" her words, not mine when she parked it, commented on how helpful and thoughtful Texans were. She was from Iowa. Her husband had a heart attack while they were traveling but was recovering very well now. Praises for the cardiology staff. - Chuck Anderson

Volunteer Spotlight



This quarter's RSVP volunteer spotlight shines on Mr. Roy Messenger, RSVP Volunteer Coordinator at the Northwest Village Apartments. I had the privilege of interviewing Roy about his tenure as a volunteer with RSVP and here are a few of his thoughts.

Roy is seen here accepting his 25 Year Service Appreciation award. Roy is now volunteering in his 28th year! Roy is proud of this well-deserved award and is "looking forward to getting my 30-year award". He also shares with quiet modesty that he has been named Volunteer of the Year at Northwest Village.

"I love the RSVP banquets too!" he added with a smile.

Roy is 84 years young and lives at the Northwest Village Senior Apartments. When I asked what motivated him to begin his volunteer work delivering meals around the apartment complex his answer was surprisingly simple and straight forward – Simply, "the nutrition supervisor asked me to". Twenty-eight years and two wagons later, Roy is still delivering meals to his fellow residents.

When I met with Roy I had planned my questions which Roy cheerfully answered but I soon discovered every answer carried a common thread. Roy's motivation and continued dedication all tie to one belief which drives his life. Roy is a devoted Christian who believes he was placed in this life as the Lord's servant. Roy lives by the belief that

"anything not done in the best interests of another is not worth doing".

Roy recalled with fondness his 15 years of delivering meals in his "little red wagon". He chuckles when he says he "wore it plum out". Roy loves all things John Deere and anyone who has had the pleasure of visiting his home can see in a glance how deep the John Deere green goes. Now he proudly pulls a little John Deere green wagon around the complex every day "rain or shine" and "even when it's raining and my shoes are full of water".

Roy's words to any new volunteers? "The reward for anything done for another will be returned ten times over."

Roy, we value the gift of yourself and your commitment to others. Thank you for being a part of the RSVP family and here's to seeing you accept your next service award! - Interviewed and written by Annette Lusk, RSVP Volunteer Coordinator

Senior Care Package Project



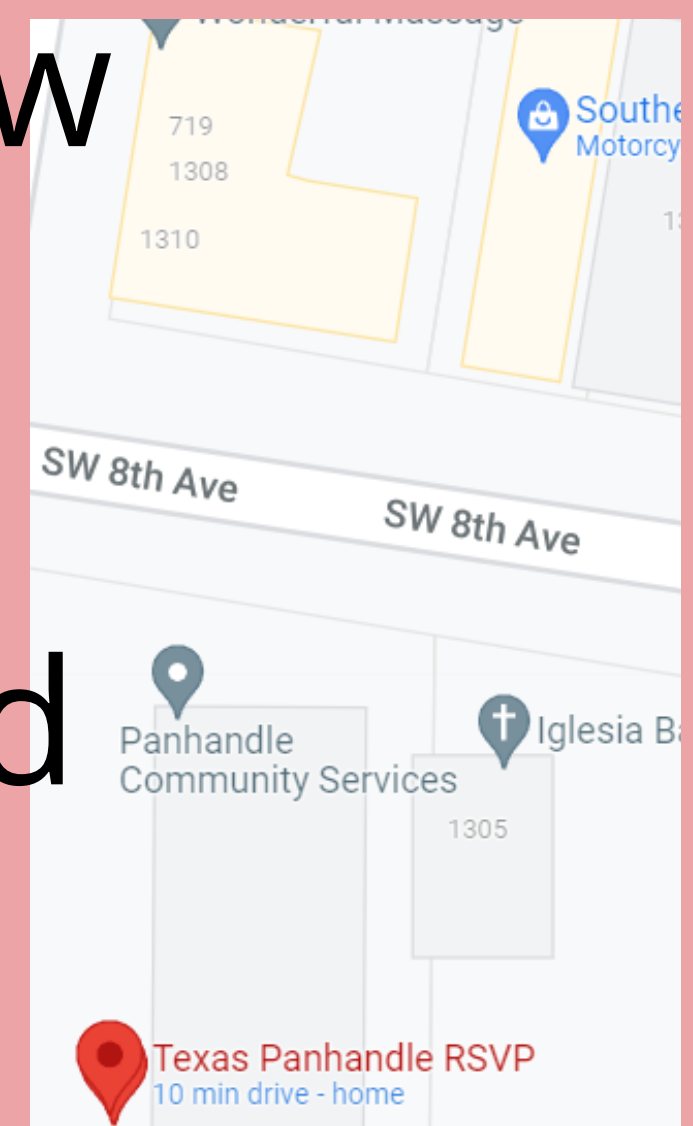
HELP!

RSVP will be making Senior Care Packages within the next few months! We just got a huge shipment of products in for the packages and need help unboxing, organizing and putting items together in each "care package bag". If you would like to volunteer and help us, please call! We will be putting them together in our new office space.
806-372-8389

RSVP is Moving!

Our office location is moving, but not far! We will now be across 8th street. The new office will provide more volunteer work and parking space! Our mailing address will stay the same. We hope to be set up and in the new office by the end of February. Please see below for a map of our old and new locations.

New



Old

What is your favorite greeting card?



My husband's grandmother keeps all her greeting cards. She displays all her Valentine cards during the month of February. My favorite card of hers is her very first Valentine card she received as a child in the 1940's. My husband and I love looking through all her Valentine cards and seeing how they have changed over the years.

What have been some of your favorite greeting cards you have received over your lifetime? Do you keep your special cards? If you do, I encourage you to look through them this month. You might find some special memories tucked away. I hope you find a note and signature that will make you smile with joy.

RSVP wants to wish you a Happy Valentine's Day. We encourage you to spend the day with someone you love, spend the day giving back by volunteering, call someone you care about, grab coffee or ice cream with a friend, let those you care about the most know you love them and remember to let your LOVE shine bright. - Kaitlin Mosley

Save the Date

Our banquets will look a little different this year. We will host 3 banquets vs. our normal 8. The 3 banquets will be located in Amarillo, Perryton and Wellington. If you live within an hour of Amarillo, you will be invited to the banquet located in Amarillo. The banquets will be held in April vs. the Fall months in celebration of Volunteer Appreciation month. We apologize for the driving time for each of our smaller towns but we know that you will love what we have in store for you.



Amarillo:

Wednesday, April 27th 10:30 AM
Amarillo Botanical Gardens
garden tour included

Perryton:

Tuesday, April 5th 10:30 AM
Ochiltree Senior Center

Wellington:

Wednesday, April 13th 12:30 PM
Ritz Theatre



In Memory

Lyn Rayburn

August 25, 1954 -
January 16, 2022



Helen Noyes

May 26, 1936 -
January 17, 2022



The Hereford Senior Citizen Association has been a RSVP Volunteer station since 2003. The past 4 years Lyn Rayburn was the Executive Director where she was deeply loved and admired for her hard work and dedication to the seniors of Hereford. She led a great team of staff and amazing volunteers. One of her volunteers was her mom, Helen Noyes. Helen started volunteering in 2003 and has given back 3,015 hours to the RSVP program. Lyn and mom, Helen both passed within a day of each other from Covid pneumonia complications. They will both be remembered by their smile and all the lives they touched throughout their earthly journey.

RSVP sends their heartfelt condolences to Hereford Senior Citizen Association during this difficult time.

HSCA
Hereford Senior Citizens Association

January

Barnett, Evelyn
Bodner, Sharon N.
Brooks, Vonna
Butler, Stephen S.
Castro, Teresa C.
Corbin, E. Stanley
Criswell, Joan
Ethridge, Kathy D.
Ewing, Ruth A
Fisher, Marlis
Foster, Gerald E. Sr.
French, Claudene
Gallaspy, Dale
Garcia, Maria
Garner, Dale
Gibson, Pearl M.
Good, Jeanne Toni
Grigsby, Susanne
Guerrero, Elizabeth J.
Guerrero, Kathleen
Hall, Brenda K
Hamby, Eva
Heath, Cindy M.
Hendrix, Martin Wayne
Holt, Paulette
Jennings, Deborah
Jones, James Don
Kincaid, Virginia
Lanier, Sonya R.
MacDonald, Judy A.
McFarlin, Joe Ann
Mills, Charles W.
Morris, Donna
Nuttall, Kathryn
Parman, Carol Ann
Paul, Charlotte P.
Payne, Jodena
Poindexter, Teddie K
Reeves, Ben P
Reeves, Edie
Roberts, Karen
Rodriquez, Lesley
Rogers, Judy
Sandlin, Gloria
Schilling, Eunice
Schmidt, Robin
Schollenbarger, Debby
Steele, Madge
Taylor, Lily M.
Trapp, Necia V.
Trapp, Van A.
Vazquez, Sharon
Via, Sheila
Watson, Linda C,
Webster, Elaine
Welty, Paula F.
White, Ernestene
White, Shelia
Whittington, Warren

February

Ault, Gerry
Birch, Linda B.
Bowen, Vicky
Brown-Thomas, Ruth Ann
Castro, Cleo B.
Coble, Warren D.
Craigmiles, Peggy
Dudek, Betty L.
Finkenbinder, Gene O.
Flanders, Judy
Gillingham, Charles
Hartley, Gary Dale
Hawthorne, Sheila A
Herpich, Wally
Holcomb, Kenneth
Hunter, Betty
Jones, James
Lett, Ellis Jerry
Lueb, Alice M
McCollum, Chris
McGarraugh, Carol
McGowen, Tom
Mendez, Teresa
Michels, Judy Mae
Mills, Ricky D
Murdock, Jessie
Poole, Virginia
Prock, Jennifer J.
Rawson, Sheri
Roach, Mary Lou
Rosson, Tommy C.
Scott, Gloria "Diane"
Smith, Carolee
Smith, Gary
Stanley, Edith
Stevenson, David
Sweeney, Mary A.
Turner, Donnie Dean
Vogel, Tamara K.
Wallace, Beth

March

Baggett, Russell B.
Belew, Elmer Leroy
Bonner, Judy Rae
Burt, Essie Mae
Cochran, Janelle B.
Deckard, Elizabeth A.
Gage, Gloria
Gollihugh, Helen I
Haralson, Becky
Howell, Leanne T.
Jackson, Marilyn K.
Johnson, Thorel G.
Koontz, Jerry
Ledbetter, Kristi D.
Lusk, Annette
Macias, Mary
Martinson, Linda L
Moreno, Josephine
Morris, Terri L.
Piersall, Ruby
Risley, Mary Neal
Searcy, Patricia
Smith, Debra
Smith, Diana L.
Via, Ronnie
White, Elizabeth
Windows, Constance C



The more you celebrate
your life, the more there is
in life to celebrate!

**PANHANDLE
COMMUNITY
SERVICES - RSVP**

**1309 SW 8TH AVE
AMARILLO, TX 79101**

Fun Facts about Valentine's Day

- Over 250 million roses are estimated to be grown for sale on Valentine's Day alone. - USA Today
- 1916. The first year Hallmark began to massively manufacture Valentine's Day greeting cards. - Time Magazine
- Candy/Sweets is the most popular Valentine gift. - Statista
- Approximately 145 million Valentine's Day cards are exchanged industry-wide (not including packaged kids' valentines for classroom exchanges), making Valentine's Day the second-largest holiday for giving greetings cards. - Hallmark
- In 2020, Americans, nation-wide, account for spending \$27.4 billion for Valentine's Day associated purchases. - CNBC
- The oldest Valentine was written in 1415 by Charles, the Duke of Orléans. His poem and letter is now displayed in the British Museum. - History website
- Much like Cupid's origin, February 14th, this day of romance has several opinions on who or when it began. The most popular story explains that Valentine's Day was first associated with February 14th as Saint Valentines Day during the High Middle ages, which evolved into a day for people to express their love through flowers and sweets. - National Day website
- In 1537, England's King Henry VIII officially declared February 14 the holiday of St. Valentine's Day by royal charter. And yes, he is the monarch who had six wives: one who died, one who survived, two who he divorced, and two who he beheaded. - The Odyssey
- Unsurprisingly, Valentine's Day is one of the busiest days of the year for restaurants, second only to Mother's Day. - Restaurant Business Online
- In addition to creating arguably the richest, creamiest, and sweetest chocolate on the market, Richard Cadbury also introduced the first box of Valentine's Day chocolates in 1868. - History website
- On February 14, 1929, penicillin was introduced by a young bacteriologist named Sir Alexander Fleming, who discovered the mold by-product accidentally a few months earlier. - History website
- A 2017 study by diamond retailer James Allen found that 43 percent of millennials chose Valentine's Day as their ideal day to propose or to accept a proposal. - Business Wire