## Texas Panhandle RSVP

Volunteers and Coordinators,

As we enter the new year I hope you find inspiration around you and motivation within you to be all that you can be.

The things that we went through in 2020 have changed us, shaped us, challenged us, broken us, healed us, and transformed us into different people. I thank you for all you did and continue to do in your communities. Your impact doesn't go unnoticed.

I encourage you to think of a word you would like to focus on in 2021. Instead of a New Year's resolution, think of a word that will be your guide this year. My word of the year is courage. There are many things that made me decide on this word but my hope is to keep an open heart, to be bold and brave, and face every day with focus not fear. What will your word of the year be?

Blessings,
Kaitlin Mosley—RSVP Director

Life is short...

Laugh Be Grateful

Breathe Deep Appreciate

Hug Tight Keep Promises

Dream Big Share Happiness

Love Unconditionally Make wishes

Help Others Do Your Best

Have Hope Keep Your Chin Up

Speak Kindly Learn

Play Cherish Read

Smile





#### **RSVP Staff:**

Kaitlin Mosley-RSVP Director Christine Beavers-Volunteer Coordinator

## Panhandle Community Services:

*Magi York - Executive Director* 

## RSVP Advisory Council:

Shirley Harrold, Chairman
Gary Abramson, Assistant Chair
Lisa Bradshaw
Cathy Doughten
Marla Gales
Joslyn Harney
Ruthy Moreno
LaRue Johnson
Joslyn Harney



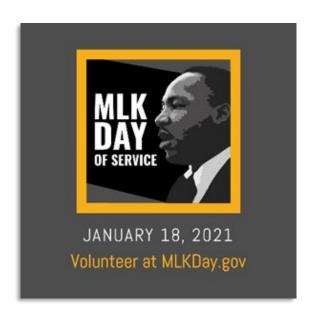
# COVID-19 Vaccine Information

## Information below is provided by the City of Amarillo Health Department

- The City of Amarillo is currently running a vaccine clinic at the Amarillo Civic Center Complex in order to distribute as many vaccines as quickly as possible.
   Immunizations take place BASED ON AVAILABILITY at the Amarillo Civic Center Complex, 401 S Buchanan St, Amarillo, TX 79101. Vaccines are provided to citizens based on State-mandated eligibility rules. Eligible citizens should enter the North Exhibit Hall through Entrance 3.
- People who fall into the categories of Group 1A and 1B per the states allocations guidelines are currently eligible to receive the vaccine. These groups include front-line health care workers, people over the age of 65, and people over the age of 18 with certain pre-existing health conditions.
- There are no residency requirements to receive the vaccine—meaning you do not have to live in Potter or Randall counties to receive the vaccine.
- The vaccine is provided at no cost to the recipient.
- Vaccines are distributed on a first come-first serve basis. Please be sure to check <u>www.amarilloalerts.com/vaccine</u> to see the latest information regarding vaccine availability. This site is updated in real time.
- This vaccine requires a 2nd dose—spaced 28 days apart. Even if vaccines are "unavailable", the second dose shipments are separate allocations and have already been scheduled.
- The location where you received your first dose will be shipped your second dose, so
  for ease of vaccine distribution it may be best for you to return to the same location
  as you got your first dose.

MLK Day of Service is intended to empower individuals, strengthen communities, bridge barriers, create solutions to social problems and move us closer to Dr. King's vision of a "Beloved Community".

During the month of January, some of our hospital auxiliary volunteers wrote thank you notes to hospital staff. Our hospital workers have been our true heroes this year. Thanking them for their service during this time of need was such a special way to honor our heroes and to achieve Dr. King's vision.





Do any of you crochet or knit blankets and/ or hats? If so, would you like



to donate them to RSVP? We know of many organizations that can use warm blankets and/or warm hats and would love to donate them on your behalf. Please contact us if you are interested. Thank you!

## In Memory of Gloria Goyne

This summer we will be dedicating the RSVP conference room to our beloved RSVP colleague, Gloria Goyne who passed away in November of 2020. We hope to have a come and go open house if the City of Amarillo and Panhandle Community Services deem it safe to gather in small groups.



## 2021 Care Packages for Seniors in Need

RSVP is very grateful to have received a grant from The Bivins Foundation to start a pilot project in Donley, Deaf Smith, Collingsworth and Hutchinson counties. We will be working with our volunteer stations (Senior Citizen Centers and Meals and Wheels) in these counties to identify seniors in need. We will also be working with our volunteers to package and deliver the care packages, rotating monthly throughout the year. The care packages will contain basic food and hygiene products. If you would like to donate anything to the care packages, would like to volunteer your time to help put them together, or if you know a senior that would benefit from this project in any of the 4 counties listed above, please contact Kaitlin or Christine. We will be delivering approximately 30 packages/month.

Kaitlin's email: Kaitlin.mosley@pcsvcs.org & phone: 806-342-6155 Christine's email: Christine.beavers@pcsvcs.org & phone: 806-342-6167

The care package will include the following items:

- Toilet Paper
- Paper Towels
- Dish Soap
- Laundry Soap (pods)
- Lotion
- Spray Cleaner
- Disposable Mask
- Peanut Butter
- Crackers/Snacks
- Pinto Beans
- Protein shakes
- Canned Chicken
- Reusable bag
- Note of encouragement

We are happy to take any donations and add to the packages. Thank you for your help with this project. We hope to see success and expand the project in the following years to come.







Area Agency on Aging of the Panhandle oversees the Senior Medicare Patrols (SMPs) in the Texas Panhandle. SMPs empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report health care fraud, errors, and abuse. If you would like to volunteer your time to help this cause please see the positions available below along with contact information.

Contact: Laurie McAfee with Area Agency on Aging @ 806-331-2227 (ext.317)

#### **Volunteer Opportunities:**

**Group Presentations:** Volunteers are needed to present 15 – 30 minute long education sessions to groups of seniors at retirement communities, libraries, Council on Aging events and church gatherings.

**Staffing Exhibits/Distributing Info:** Volunteers are needed to help distribute educational materials at community health fairs, senior fairs, retirement seminars and the like.



RSVP was granted funds to provide masks for our volunteers. You will receive a mask with your cookbook. They are a 3 layer adjustable mask that can be washed and reused. Wear them when volunteering or anytime you choose.

Stay safe and healthy!

#### **January Birthdays!**

Barnett, Evelyn Bodner, Sharon N. Brooks, Vonna Butler, Stephen S. Campbell, Malcomb Medwid Castro, Teresa C. Corbin, E. Stanley Criswell, Joan Ellerbe, Dean Ethridge, Kathy D. Ewing, Ruth A Fisher, Marlis Foster, Gerald E French, Claudene Fuentes, Victor Gallaspy, Dale Garcia, Maria Garner, Dale Gibson, Pearl M. Good. Jeanne Toni Grigsby, Susanne Guerrero, Elizabeth J. Guerrero, Kathleen Hall, Brenda K Hamby, Eva Heath, Cindy M. Hendrix, Martin Wayne Holland, Cheri Holt, Paulette Hupp, Ray James, Joretta Jennings, Deborah Johnson, Cecile Jones, James Don Kincaid, Virginia Lanier, Sonya R. MacDonald, Judy A. McFarlin, Joe Ann McPherson, Michele D. Morris, Donna Newberry, Percilla I. Norris, Mary Nuttall, Kathryn Parman, Carol Ann

Pattison, Lawrence

Payne, Jodena

Reeves, Ben P

Reeves, Edie Roberts, Karen Rodriguez, Lesley Rogers, Judy Sandlin, Gloria Schmidt, Robin Schollenbarger, Debby Seiver, Theda Sims, Kathy Steele, Madge Taylor, Lily M. Trapp, Necia V. Trapp, Van A. Vazquez, Sharon Via, Sheila Watson, Linda C. Webster, Elaine Welty, Paula F. White, Ernestene White, Shelia

#### **February Birthdays!**

Whittington, Warren

Albritton, John Roy Ashley, Mary Ann Ault, Gerry Beech, Everett Dale Birch, Linda B. Bowen, Vicky Brown-Thomas, Ruth Ann Campbell, B J Carson, Janie L Castro, Cleo B. Coble, Warren D. Craigmiles, Peggy Dudek, Betty L. Ewing, Mike Fesler. Teresita M. Finkenbinder, Gene O. Flanders, Judy Gillingham, Charles Gwyn, Lynn Hartley, Gary Dale Hawthorne, Sheila A Herpich, Wally Holcomb, Kenneth

Horrell, Sharron A.

Hunter, Betty

Jones, James Lueb, Alice M McAdoo, Esther McCollum, Chris McGarraugh, Carol McGowen, Tom Michels, Judy Mae Murdock, Jessie Poole, Virginia Powers, Phyllis Prock, Jennifer J. Rawson, Sheri Rhoads, Shirley Roach, Mary Lou Rogers, Louise Smith, Carolee Smith, Gary Stanley, Edith Stevenson, David Sweeney, Mary A. Taylor, Judy Terry, Polly Ann Turner, Donnie D. Veals, Matthew Walker, Lawrence Wallace, Beth Watts, Judy K.

## **March Birthdays!**

Abraham, Alan Belew, Elmer Leroy Bonner, Judy Rae Burt, Essie Mae Cochran, Janelle B. Craigmiles, Terry Deckard, Elizabeth A. Ellerd, Betty Elliff, John Ensey, Suzanne Freeman, Betty Anne Gage, Gloria Gay, Carol A Goodfellow, Sarah Haralson, Becky Harper, Donna Huckert. Doris Jackson, Marilyn K.

Johnson, Thorel G. Kelley, Walter F. Kizziar, Ruth Koenig, Alice Koontz, Jerry Lavake, Patsy Lawhon, Rick L. Ledbetter, Kristi D. Lookingbill, Betty Macias, Mary Morris. Terri L. Patterson, Cynthia E. Piersall, Ruby Risley, Mary Neal Searcy, Patricia Smith. Debra Smith, Diana L. Stark, Virginia Urban, Jimme Ann Utter, Linda S. Via. Ronnie White, Elizabeth Windows, Constance





## **Love Song Quiz**

Match the Song Title to the Artist

A. A Sunday kind of love
B. How deep is your love
C. I will always love you
D. Best of my love
E. Where is the love?
F. Because I love you
G. Love Story
H. Because you loved me
I. Crazy in love
J. Love takes time
K. Woman in love
L. Let me love you
M. This is love
N. We found love
O. She loves you

Panhandle Community Services RSVP (Retired and Senior Volunteer Program) 1309 SW 8th Avenue Amarillo, TX 79101



AARP Tax-Aide has been a RSVP volunteer station since 2005 and has assisted thousands of seniors with their taxes over the last 15 years. Due to the pandemic, they will not be offering their services at this time. We will let you know when they reopen their doors.

COVID-19